### **EIC Escapades Student Newsletter - March 2019**

Your New Jersey Allied Health College



# Spring is a time for new beginnings!



You are in 100% control of your life and your future.

With Spring beginning, it's good to take inventory of your life and see what areas you can improve on and what your strengths are.

Identify what opportunities are available to you and which ones presents themselves as a threat to you meeting your goals. Make some changes when necessary and keep your goal(s) in focus.

# Information Technology and eLearning

Reminder that EIC uses Google as their email provider. Did you know in addition to email, when you are signed into your account, you can:

- Back up your files in Google Drive
- Use Google Drive app to access your files on the go
- Open and Edit various kinds of documents in Google Drive

Are you using a computer that doesn't have the software you need to open a certain kind of file? Don't fret – upload it to your Google Drive account and open it from there. Google Drive allows you to open anything from Adobe Suite files, to spreadsheets and Microsoft Word documents.

- Have voice and video conversations with Google Hangouts
- Easy password reset

It is important to keep your account secure but we all forget a password sometimes. In order to be able to reset your own password, make sure you have added a recovery email or phone number to your account.

Are you taking full advantage of these tools? More information on tips and tricks here

**Contact Support for any questions** 

Thank You Belleville!!!!!!

St. Lucy's Emergency Shelter, Jersey City,

# is so appreciative of your

# **February Winter Clothing Drive Donations**

# EIC (Belleville) Helps Our Community!

St. Lucy's Emergency Shelter in Jersey City was happy to accept our donation. They stopped by to pick it up on Tuesday February 19th just in time to provide our community the needed warmth during the latest cold spell. Together we were able to donate one large box winter clothing. Thank you to all Belleville students and staff for their generosity.



More Information on St Lucy's Emergency Shelter

# **Nursing "White Coat" Event**

Class of 2020's White Coat Ceremony February 6, 2019 in Jersey City

Dr. Rosales, Nursing Chair for Jersey City, hosted a White Coat Ceremony for the Class of 2020.

The excitement was felt in the room as the students waited for their names to be called after all their hard work. Families were proud and captured the moment with photos to hang onto the memories.

Guest Speaker, Ara Kim, President of the NJ State Student Nurses Association, and Dean of Education, Dr. Elaine Sanders, shared positive messages, inspiring the students.









Dr. Elaine Sanders was motivational, delivering the closing remarks.



Our new White Coat Recipients enjoyed the ceremony and speakers.

# The Honorary White Coat Recipients

Latia Bates
Karla Veramie Censon
Emily Chen
Charnae Cooper
Alyssa Festin
Khadija Jalloh
Rebeca Joseph
Taylor Legall
Graciela Levisaca
Marnelli Claire Libunao
Monica Louise Lopez
Samantha Moore
Gabriela Morales

Alexandra Nunez
Princess Nwaimo
Madona Peters
Tiffany Rendon
Ketlie Saint Louis
Maylyn-Stacy Sapalicio



Charnae Cooper acceping her white coat from Dr. Rosales and then sharing her proud moment with mom.



Dr. Rosales delivered her first White Coat presentation with EIC.





Latia Bates accepting her white coat and capturing a photo op with Dr. Rosales



Thank you Ara Kim, President of NJ State Student Nurses Association, for speaking at our event!

is
proud of
your
accomplishme
nt and looking
forward to
watching



Madona Peter is looking great with her new coat

# you all grow into great nurses!



What a great moment with Ketlie Saint Louis, Professor DeCelie, and Dr. Rosales.



A beautiful moment with Maylyn-Stacy Sapalicio and her young son with Prof. Irene DeCelie and Dr. Rosales.



A super proud moment with Taylor Legal.



What a fabulous day! Graciela Levisaca sharing a fabulous



A perfect moment with Samantha Moore, Professor DeCelie and Dr. Rosales.

smile.



# PRESIDENT'S LIST HONOREE LUNCHEON

Those who attained the President's Honoree List were presented with a luncheon in their honor. We are proud of all of our honorees.

## **Belleville Campus**

The executive team enjoyed having lunch with and honoring Olga Kolomytkina and Nicole Hernandez, who were able to attend.

# **Jersey City Campus**

The executive team enjoyed having lunch with and honoring Ma Carmela Bolante, Caitlin Mazzulo, Clarissa Rodriguez, and Erika Esposa, who were able to attend.



Olga Kolomytkina shared a photo with our executive staff.



It was wonderful to present a luncheon in honor of our President's List Recipients





Dr. Julius Wangiwang (Belleville Dean), Dr. Shahida (Chair) and Dr. Mustafa (Campus Director) shared in the festivities.





Ma Carmela Bolante, Caitlin Mazzulo, Clarissa Rodriguez, and Erika Esposa with their certificates. These are perfect for taking to interviews, later on. Ma Carmela Bolante and Clarissa Rodriguez pose with Dr. Sanders (Jersey City Dean) and Dr. Rosales (JC Nursing Chair).

# The New Jersey Nursing Student Convention was <u>AWESOME!!!!!</u>

# A message from your Belleville Student Council President Kaitlyn Brauer

who attended the convention as a Delegate:

"The New Jersey Nursing Students convention was held on Wednesday, February 27 through March 1. I participated in the convention as a Delegate of Eastern International College. From the moment orientation of the Delegates began I was greeted with warm welcomes and smiles. I learned about Parliamentary Procedure, which is a set of rules for conduct at meetings; this allows everyone to be heard and to makes decisions without confusion. I listened to Bylaws and Policy of the organization and was also given a hard copy to follow. Every Delegate had the opportunity to amend the Bylaws and Policy by coming up to the microphone and expressing their opinion on the issue.

If anyone has interest in leadership, health care policy, and resolutions to healthcare, I highly recommend not only attending next year's convention, but participate as a Delegate. Every Delegate is given the opportunity to run to be a member of the board once a year at the convention. The board consist of different positions, all having varying responsibilities. You can be nominated on the first night during orientation for a position and on the third morning you give a speech for your candidacy.

The main day of the convention held education sessions throughout the day on all kinds

of topics. This was such an exciting experience to have the opportunity to learn about the present and future of nursing.

Sometimes we are so busy with school that we forget to think outside of the walls of our college. Attending this convention made me realize how all nursing students are connected, and how the possibilities are endless; it is up to the individual student to go beyond and take their educational journey where ever they desire. I am truly humbled by all the people I met, stories I heard, and insights that I gained."

**Email Career Services and Student Life** 

# Be in the know.... Download the app!

School closings & delays It's in the app!!!!

#### Get instant notifications!!!!

Did you know you can check into events with a click of a button, saving you time of completing handwritten / hard copies of sign in sheets?



**Download ElCollege from your App store, Apple, or Google Play** Search for ElCollege, download the app and sign in with your ElC email



### ~ Student Council ~

Why Join Student Council

Student Council meets once a month and snacks are provided at meetings. Come be a part of something bigger than yourself. Get involved and make a difference in your communities. For more information, email <u>Jennifer</u>.

# What are the benefits of being involved with Student Council?

Being A Member of Student Council Makes You Stand Out & Gives You A Way to Obtain a Letter of Recommendation For Your Leadership!

- You get to participate in executive management initiatives and projects, which aids in additional experiences that would be phenomenal to articulate in interviews for your externships and careers in your trained programs.
- You learn leadership skills, which are transferable skills, throughout schooling that you can articulate in an interview. This can help you to land a job and possibly attain a higher salary than you would otherwise.
- You gain and learn additional skills, which aids you in better opportunities throughout your career.
- You become a figure that your peers and others in the community look up to.
- You learn about fundraising and get to make a difference at your school.
- During your tenure in school, while participating on the council, you get to be the voice of your peers.
- Through Student Council, the Director of Career Services and Student Life gets to learn about you, see you in action, and advocate on your behalf for employment through a possible letter of recommendation and in acting as a reference on your behalf.

Click Here For More Information About Participation

# **Student Council Board Members**



#### **JERSEY CITY**

Student Council

Next Meeting: Tuesday, March 26th Location: Student Lounge 2nd floor 1:00 p.m. to 2:00 p.m.

**President**Maggie Mattson, Dental Hygiene

Vice President
Deseree Gordon, Nursing

Secretary/Treasurer Amanda Chirico, Dental Hygiene

Student Ambassador #1
Pricilla Bonilla, Diagnostic Medical Sonography

Student Ambassador #2
Vacancy

Student Ambassador #3
Vacancy

Student Ambassador #4
Vacancy

\* Come an be a part of the meeting and learn what's gong on.

#### **BELLEVILLE**

Student Council

Next Meeting: Thursday, March 21st Location: Student Lounge 2nd floor 3:00 p.m. to 4:00 p.m.

**President**Kaitlyn Brauer, Nursing

Vice President Steven Chea, Nursing

Secretary

Nicole Hernandez, Nursing

Treasurer Vacancy

**Student Ambassador #1**Frances Torres, Nursing

Student Ambassador #2 Stephanie Valese, Nursing

Student Ambassador #3 Cherita Morgan, Nursing

**Student Ambassador #4**Olga Kolomytkina, Diagnostic Medical Sonography

Student Council Members have a voice in College Life

- You can share feedback, improvements and any difficulties you are having with the mobile app.
- First to hear information on any of the events we are doing in Student Council.
- If you have anything you would like to post on the Student Council board, which is located in the student lounge, provide that to your Student Council President and/or Vice President and they are responsible for any posts on the Student Council Board.
- Let them know any positive and/or negative feedback about your experiences here at EIC and they will present those topics at the Student Council Meetings to continue and/or aid to make changes.

# Which campus can bring in the most donations?

SHOUSENON SONALIDING

Donate canned & nonperishable foods, and clothing so we can help the needy in our communities!

When is the next job fair?



Two (2-day) job fairs are set up for Spring 2019

~ Mark Your Calendars ~

Jersey City: Thursday, April 4th and Friday April 5th Jersey City: Thursday, April 11th & Friday, April 12th

**Start preparing your resume!** 

Click to sign up for help with your resume & interviewing

Maria's Counseling Corner

# 10 Truths You Need to Know for Inner-Peace & Happiness

- It's impossible for anyone else to define you, you're the only one who gets to say who you are.
- You were born with everything you need, you're not missing anything.
- Perfection is a man-made illusion, we're all beautifully imperfect.
- You are NOT your thoughts, you are the calm awareness behind the noise in your mind.
- 5 Your beliefs can be modified to lift you up, you are fully in control of your happiness.
- The past and future don't exist anywhere except in your mind. Now is the only real moment.
- Your calling in life is to fully express who you already are, unapologetically shine your light.
- Challenges are gifts for your growth and can unlock your full potential.
- Forgiveness is a gift you give yourself, to be free.
- Surrender is the gateway into sustainable inner peace. Let go.

Your inner peace and happiness is important!

You are important!

You are strong!

You are supported!

~ Maria Billings, Counselor ~

Request an appointment to speak with Professor Billings

# **Monthly Awareness for March**



National
Poison Prevention Week
Wednesday, Marcy 20th to
Tuesday, March 26th

American Diabetes Association

American Diabetes Alert Day

Tuesday, March 26th



Brain Injury Awareness
Month

March (Entire Month)



National MS Education &

Awareness Month

March (Entire Month)



Red Cross Month

March (Entire Month)

# **RESOURCES FOR YOU**

**Citation Tools For Writing APA Paper** 

**APA Checklist** 

**APA Template** 

Sample Paper in APA

## I need help! Who can I contact?

Your Librarians

<u>Lisa Bogart (Jersey City)</u> and <u>Victoria Swanson (Belleville)</u>

can assist you if you need guidance with any of these steps.

Click on their names to access them via email.

#### **Leadership Opportunities**

Interested in creating and leading a new club? Contact <u>Jennifer</u> to get started.

Being a leader aids you to gain valuable skills, it goes on your resume and can help you with employment. It's also a way to give back to your community.

#### **Career Services**

What workshops or professional development would you like to see offered?

Are you interested in learning how to be a master at interviewing, rising above your competition?

Don't wait till graduation; build your relationship with career services early within your journey at EIC.

Look out for job fairs, recruitment days, and job postings on Facebook at <u>EIC Jennifer</u> and submit your resume for distribution!

Send your resume to Jennifer to have it viewed by a career services expert.

\*\* Please note that you cannot attain your diploma without taking the career services group session. Don't delay, sign up today!



#### Dental Hygiene Lunch & Learn - Part 2

Thursday: March 7, 2019 Time: 1:00 to 2:00 p.m.

Location: Jersey City Student Lounge

3rd floor

\*\* Bring a lunch - Learn how to become a "master at interviewing" Starts promptly at 1:00 p.m. \*\*

# Group SESSION for Career Services Jersey City Campus

Friday: March 8, 2019 10:00 a.m. to 1:00 p.m. To Sign Up Click Here

\*\* Anyone who is late, will not be permitted to attend, and will need to reschedule \*\*

(This class is needed to get clearance to attain diploma)

# Group SESSION for Career Services Belleville Campus

Monday: March 11, 2019 9:30 a.m. to 12:30 p.m. To Sign Up Click Here

\*\* Anyone who is late, will not be permitted to attend, and will need to reschedule \*\*

(This class is needed to get clearance to attain diploma)

#### **Last Day to Withdraw**

Friday: March 15, 2019

#### **BV Student Council Meeting**

Thursday: March 21, 2019
Time: 3:00 to 4:00 p.m.
Location: Belleville Student Lounge
2nd floor

#### JC Student Council Meeting

Wednesday: March 26, 2019
Time: 1:00 to 2:00 p.m.
Location: Jersey City Student Lounge
2nd floor

#### Last Day of Semester

Saturday: April 27, 2019

#### Graduation

Friday: May 10, 2019
Time: 5:00 to 10:00 p.m.
Location: Liberty Science Center
\*\* Invitations will go out soon \*\*

Those that graduate in August, will be permitted to walk as long as they complete a "Graduation Attestation Waiver"