

EIC Escapades Student Newsletter January & February 2020



ebooks in Canvas

ebooks are available in Canvas for all General Education courses starting in January 2020. For Dental Hygiene and Nursing, textbooks are part of your tuition fees. For CMT, DMS, and MA students, you can choose to use these ebooks in Canvas. Students have the option to purchase ebooks (with payment being made to the Registrar) and are strongly encouraged to do so. Students also have the option to opt out and obtain the required reading elsewhere on their own, either online or hard copy (when available). Please note that you have until the end of the Add/Drop period (Monday February 3, 2020) to opt out of the ebook options. After that date, if you use the ebooks via Canvas, you will be charged for them.

Holiday Tree Challenge Winner Announcement



Thank you to everyone who participated in the Holiday Tree Challenge at the Belleville and Jersey City campuses. Students were generous with the decorations they brought in to dress the respective trees. Both trees ended up turning out so beautifully that the winner is a tie between both campuses.

Congratulations!

Project Care Initiative



Get Involved!

Join Eastern International College in sending inspiration to victims of earthquakes in Puerto Rico

How to Participate

Purchase a greeting card that has an inspirational and uplifting message printed in it. You may add a few sentences, if you wish, and drop it off at the designated drop-off boxes located at the front desk for each campus.

Due Dates

Let's see how many greeting cards we can have for the first group of cards being sent out on Friday, February 14th. The second group of cards will be sent out on March 27th.

Instructions for Signing Card

When signing your card, only put your first name and your status at the College (i.e: faculty, staff, "Name Program" Student). If you are a nursing student you would sign like this, "Jenny, Nursing Student."

Do not add your last name!

[Learn more about the Project Care Initiative](#)

Give Kids A Smile Day 2020



ADA American Dental Association®

Eastern International College Dental Hygiene students are giving back to our community in participating in Give Kids A Smile Day 2020

This event takes place on February 7th.

Our Dental Hygiene team provides free teeth cleaning, x-ray's and sealants to the participating patients. The beneficiaries of this service are children from our local community.

"Through the [ADA Foundation's, Give Kids a Smile program](#), launched nationally by the American Dental Association in 2003, more than 5.5 million under-served children have received free oral health services. These free services are provided by volunteers including approximately 10,000 dentists annually, along with 30,000 other dental team members" (ADA website).

CONGRATULATIONS EIC!

Keep up the great work



CHECK IT OUT

Both EIC campuses were recognized on RegisteredNursing.org as one of the BEST RN programs in New Jersey.

[CLICK HERE FOR DETAILS](#)

Congratulations

Do you need a CPR Class?



Receive your BLS Certification at Eastern International College
via The American Heart Association

Jersey City Campus

Friday, February 7, 2020

8:30am - 2:30pm

&

Belleville Campus

Saturday, February 8, 2020

9:00am - 2:00pm

Cost: \$60.00

Please RSVP to [Megan Pennington](#)



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Thank You for the Food & Clothing Donations in November and December

It's wonderful that Eastern International College is giving back and helping our communities. We are proud of all of our students, faculty, and staff who participated in making these donation events successful!

Donations for Jersey City were provided to [The York Street Project](#) and donations for Belleville were given to [Little Zion U.A.M.E. Church](#).

Thank you to everyone who participated!

Eastern International College also wants to also give a

BIG THANKS

to our Belleville & Jersey City Student Councils. We appreciate you, your organization of the events, and delivery of the goods to the charities. It's your leadership and help that makes these events so successful.

Both Student Councils are looking for more members. We hope you will join us in all the wonderful things we are doing.



Continuing Education for Dental Hygiene Students

**Student
Continuing Education Courses**

Save the Date: 2/18/20

On February 18th Eastern International College will be hosting CE courses from 8:30am to 12:30pm on the 3rd floor, Jersey City campus.

A representative from Dent Supply will come speak on Ultrasonic Instrumentation.



Happy New Year from the FINANCIAL AID DEPARTMENT



Come Join Our Financial Aid workshop (FAFSA and NJ TAG)

When:

Wednesday, February 26th, 2020
Session A: 10:00am - 12:00pm
Session B: 3:00pm - 5:00pm

Who is Invited?

All students

Where is it being held?

Jersey City Campus / Room: TBD

Required documents:

FSA ID and HESAA account username and password
2018 Tax return (for FAFSA renewal and NJ TAG)

To retrieve FSA ID username and password, go to:

<https://fsaid.ed.gov/npas/index.htm>

For HESAA account, go to:

<https://njfams.hesaa.org/NJFAMS/ForgotPassword.aspx>

Please come prepared and we'll see you all there!

Do you have questions?

[Click Here](#)

to speak with your Financial Aid Representative

January & February: Monthly Awarenesses

JANUARY



Cervical Health Awareness

Did you know that nearly 13,000 women in the United States are diagnosed with cervical cancer each year, and that the disease is preventable with PAP & HPV tests?

FEBRUARY

National Children's Dental Health Month

HEALTHY SMILE TIPS

- Brush your teeth twice a day with a fluoride toothpaste.
- Clean between your teeth daily.
- Eat a healthy diet that limits sugary beverages and snacks.
- See your dentist regularly for prevention and treatment of oral disease.

Sponsored by ADA, Dental Trade Alliance, and Academy of Pediatric Dentistry.

ADA American Dental Association®
America's leading advocate for oral health



FEBRUARY

Go Red for Women

Go Red for Women is the American Heart Association's national movement to end heart disease and stroke in women.



American
Heart
Association®

Join us and become a part of our Student Council!

It looks great on your resume and can give you the extra
qualification you need to land your job.

BELLEVILLE

Student Council Board

BOARD ADVISOR & MENTOR

Cherita Morgan

BOARD ADVISOR & MENTOR

Steven Chea

BOARD ADVISOR & MENTOR

Kaitlyn Brauer

PRESIDENT

[Joanne Ekpeni](#)

VICE PRESIDENT

[Stephanie Valesse](#)

SECRETARY: VACANT

(Acting - Steven Chea & Joanne Ekpeni)

TREASURE

Najma Green

STUDENT AMBASSADOR

JERSEY CITY

Student Council Board

PRESIDENT

[Maguarite \(Maggie\) Mattsson](#)

VICE PRESIDENT

[Lisa Campanelli](#)

SECRETARY

Amanda Bury

TREASURER: VACANT

STUDENT AMBASSADOR

Stephanie Valesse

STUDENT AMBASSADOR

Destiny Russo

* If you are interested in joining, please reach out

Malcolm Ekpeni

to Maggie Mattsson and Lisa Campanelli for more

information.

STUDENT AMBASSADOR

Linda Attuh

* If you are interested in joining, please reach out to Joanne Ekpeni or Stephanie Valse for more information.

Next Meeting: BV

Tuesday, February 11th

3:30 pm to 2:30 pm

Student Lounge

Next Meeting: JC

Tuesday, February 11th

12:30 pm to 1:30 pm

Student Lounge

**Maria's
Counseling Corner**

7 SCIENTIFICALLY PROVEN BENEFITS OF *Gratitude*



**That Will Motivate You to
GIVE THANKS Year-Round**

#1. Benefit of Gratitude

Gratitude opens the door to more relationships

#2. Benefit of Gratitude

Gratitude improves physical health

#3. Benefit of Gratitude

Gratitude improves psychological health.

#4. Benefit of Gratitude

Gratitude enhances empathy and reduces aggression.

#5. Benefit of Gratitude

Grateful people sleep better

#6. Benefit of Gratitude

Gratitude improves self-esteem.

#7. Benefit of Gratitude

Gratitude increases mental strength.

Counseling Services Available with Maria

Tuesdays: 10am - 2pm Belleville

Wednesdays: 10am - 2pm Jersey City

Thursdays: 10am - 2pm Belleville

To meet with Maria outside these hours, email her to arrange a time.

Upcoming Events & Dates to Remember

Please check out our bulletin boards
in the student lounges and on each floor for more information

Tuesday, February 11th

JERSEY CITY STUDENT COUNCIL MEETING
12:30 p.m. to 1:30 p.m. - Student Lounge, 2nd floor

BELLEVILLE STUDENT COUNCIL MEETING
3:30 p.m. to 4:30 p.m. - Student Lounge, 2nd floor

Monday, February 3rd

LAST DAY TO ADD/DROP CLASSES

Friday, February 7th

GIVE KIDS A SMILE DAY 2020

NURSE PINNING CEREMONY & CULTURAL CULINARY CELEBRATION
6:00 pm, Jersey City Campus, Lecture Hall

Friday, February 17th

BELLEVILLE & JERSEY CITY CAMPUSES CLOSED
In Observance of President's Day

Tuesday, February 18th

DENTAL HYGIENE STUDENT CONTINUING EDUCATION COURSE
8:30am - 12:30pm
Jersey City, 3rd Floor

Thursday, February 27th - Friday, February 28th

NEW JERSEY NURSING STUDENTS 68TH ANNUAL CONVENTION
Bally's Atlantic City Hotel & Casino

Belleville Main Office: 973-751-9051

Jersey City Main Office: 201-216-9901

If you have any questions for specific departments, click on names below. Eastern International College cares and wants to ensure that you have a fabulous experience. Let us answer your questions.

Bursar
[Tina Hamilton](#)

Campus Director - Belleville
[Dr. Mustafa](#)

Campus Director - Jersey City
[Agnieszka Drupka](#)

Career Services
[Jennifer Gonzalez](#)
[Elvin Valle](#)

College Dean & Advisement
[Dr. Julius](#)

Default Management
[Evelyn Pimentel](#)

Counseling
[Maria Billings](#)

Financial Aid
[Iren Brodskiy](#)

IT & eLearning
support@eiccollege.edu

Nursing - Belleville
[Reginald Dimailig](#)

Nursing - Jersey City
[Dr. Rosales](#)

Registrar
[Tina Hamilton](#)

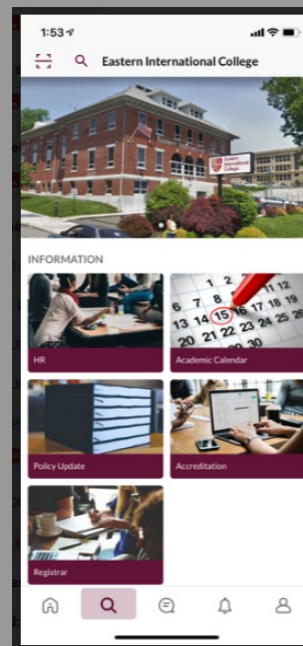
Student Life / Affairs
[Jennifer Gonzalez](#)

Tech Update: Download the EICollege App

Download the EICollege app from your App store or Google Play Search. Search for EICollege app, download and sign in with your EIC email.

Keep up to date with all the latest news, including closings and delays due to snow.

Need help? Email support@eiccollege.edu



Crime Statistics for EIC
Both Belleville & Jersey City Campus'



Eastern International College

In compliance with the Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act, and in accordance with the definitions contained in the FBI Uniform Crime Report Handbook, Eastern International College submits the following report based upon crimes reported on campus and on streets running through or adjacent to our campus. This report is for the period January 1, 2018 through December 31, 2018.

CRIMINAL OFFENSES	CAMPUS PROPERTY	PUBLIC PROPERTY
	2018	2018
Murder/Non-Negligent Manslaughter	0	0
Manslaughter by Negligence	0	0
Sexual Assault: Rape	0	0
Sexual Assault: Fondling	0	0
Sexual Assault: Incest	0	0
Sexual Assault: Statutory Rape	0	0
Robbery	0	0
Aggravated Assault	0	0
Burglary	0	0
Motor Vehicle Theft	0	0
Arson	0	0

HATE OFFENSES	CAMPUS PROPERTY	PUBLIC PROPERTY
	2018	2018
Murder/Non-Negligent Manslaughter	0	0
Manslaughter by Negligence	0	0
Sexual Assault: Rape	0	0
Sexual Assault: Fondling	0	0
Sexual Assault: Incest	0	0
Sexual Assault: Statutory Rape	0	0
Robbery	0	0
Aggravated Assault	0	0
Burglary	0	0
Motor Vehicle Theft	0	0
Arson	0	0
Larceny Theft	0	0
Simple Assault	0	0
Intimidation	0	0
Destruction/Damage/Vandalism	0	0

VAWA OFFENSES	CAMPUS PROPERTY	PUBLIC PROPERTY
	2018	2018
Domestic Violence	0	0
Dating Violence	0	0

ARREST	ON CAMPUS	PUBLIC PROPERTY
	2018	2018
Illegal Weapons Possession	0	0
Drug Abuse Violations	0	0
Liquor Law Violations	0	0

DISCIPLINARY ACTIONS	ON CAMPUS	PUBLIC PROPERTY
	2018	2018
Illegal Weapons Possession	0	0
Drug Abuse Violations	0	0
Liquor Law Violations	0	0

EASTERN INTERNATIONAL COLLEGE
Wishes You Luck with the Start of the Spring Semester



